

Sector training overview

Care

In addition to the comprehensive employment support and coaching interventions we provide to all candidates on our programme, we also deliver in-depth, sector-specific training on their existing or a new industry.

This training comprises a 10-minute insight video followed by a 40-48 page interactive workbook. The workbooks are divided into eight topics covering relevant information for anyone wanting to work in the sector. After each topic is completed, the candidate is required to complete a 'knowledge check' to ensure they've understood the key learnings.

Once the workbook is complete, the candidate will develop an action plan and set goals to support their journey to secure work within that sector.



Employment support and coaching



10-minute sector insight video



40-48 page sector workbook



Complete action plan and set goals

Topic 1 - Introduction to Care

In this section, we provide an overview of the care sector and set out the difference between healthcare and social care. The workbook explores the range of different employers in the care sector as well as the legislation and standards that underpin the care sector.

Topic 2 - Job roles and a career in Care

We explain the differences between a carer and a care worker and set out the different types of care worker roles available. The workbook explains why there are different roles in the care sector and maps out a career path for someone wanting to work in care.

Topic 3 - Knowledge, skills and attitudes for Care

This section is designed to prepare a candidate for the skills required to work in the sector. We explain the concept of 'person-centred care' and highlight the interpersonal skills required to work in the sector. The workbook also explores the behaviours required to work in care and emphasises the importance of confidentiality.

Topic 4 - Communication skills

We outline the communication skills required for working in care and explain the different types of communication styles. The workbook also explores other methods of communication and details the benefits of active listening.

Topic 5 - Transferable skills

This section is particularly useful for candidates who are looking to upskill and become work-ready for a new sector. We explain the concept of transferable skills and how they can be identified and applied to a new workplace setting or sector.

Topic 6 - Equality and diversity

In this topic we explain the Equality Act 2010 and the guiding principles within it, including: what the act is there to do, what pieces of legislation are covered and the nine protected characteristics. The workbook also explains the difference between equality and diversity and provides a summary on safeguarding.

Topic 7 - Health and Safety

We provide an overview of health and safety requirements in the care sector, including the Health and Safety at Work Act 1974. The workbook highlights other health and safety considerations in the sector such as manual handling and reporting of injuries. We explain what risk assessments are and how they are conducted in the care sector.

Topic 8 - Employability skills

We focus on what employers in the care sector are looking for when recruiting individuals. This section is designed to help candidates best position themselves for a role in care. The workbook also lists useful adjective words that highlight strengths and interpersonal skills for the sector. This will help a candidate with their CV preparation. Finally, we explain the purpose of a company mission, vision and values – what they entail and what they mean to an employee. This section concludes by detailing the mandatory requirements to work in care, such as ID documents and Right to Work evidence through to DBS checks.

Action Plan

Once the learning section of the workbook is complete, the candidate is required to develop an action plan that details what they have learned and set goals to support their career in to care.

Glossary of terms

A glossary of terms can be found at the back of the workbook which lists key words used in the care sector and can be referred to at any time.

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